



September's Club Meeting

Date: Tuesday, September 13th
Time: 7:30-PM (business)
 Social at 7
Location: The Racquet Club
 3900 Crosby Road
Program: TBA

President's Message

By Mark Kidd



Hurricane Katrina has changed the Gulf States forever. As images are splashed across CNN we must have those who have suffered so much in our prayers as we seek to find ways to help those in such need.

The executive committee of the BGDC asks that you do what you can to alleviate some of the suffering by donating some of the fortune we all have to those less fortunate.

Another sad note is the passing of Kit Hudson's mother after a short illness. Our sympathies go out to you in this difficult time.

With so much turmoil in these times we do have some silver linings to report on.

First the Pig Roast was a great success due in part to the hospitality of the Geddes' and the large number of members that attended and brought dozens of dishes of food to share. A brief and welcome rain shower brought nearly 70 members closer together as the party continued into the night.

The Laurel Lake Dive was attended by 9 members who shared turtle sightings and large bass.

The BGDC is combining forces with the KUES club for a September 17th dive from Conley Bottom Marina at Lake Cumberland. Food and Prizes will be given out with more info in the newsletter and on the website.

Look forward to seeing you at our meeting. The Program is still being put together at this time, but I know that the fellowship, food, and dive trip opportunities will be there. □

Your friend in diving,
Mark

The Editor's Notes

By John Geddes



This months pics are from the Pig Roast and will have some next month from the Laurel Lake Dive, right Mark...

Big thanks to Dan Miller for filling in for me on the Laurel Lake Dive while I was down with a summer bug. I have heard a little about the trip and you will hear a little in the Newsletter and I'm sure we will hear more at the meeting from Dan. □



Co-Vice President's Report

Dan Miller



and Carol Call



Article by Dan Miller

New Members to the BGDC

In the past 2 months we've added 7 new members to our club: Richard & Karen Rabek and David & Diane Gaus from Louisville, Paul Johns of Georgetown, Nathan Valentine and Tracey Crawford of Lexington. These folks didn't waste any time getting wet with us, 3 dove at Laurel Lake and a couple are already signed up for Honduras.

Bonne Terre Trip (Oct 21-23)

See the "Upcoming Events" tab on our website and you'll see all the trip details outlined on the "Bonne Terre" tab in October's calendar. Call me at 948-5133 with any questions.

Dive movies

Check out the two new dive movies: *The Cave* at www.sonypictures.com/movies/thecave and *Into the Blue* at

www.sonypictures.com/movies/intotheblue/site.

The trailers will provide you a good primer for the flicks.



Laurel Lake debrief

Eight intrepid souls attended our Laurel Lake dive trip in August. We had a good time even though the pontoon boat died on Sunday. The water temp at 102' was a frigid 44 degrees. Nothing like KY fresh water diving! Can't wait to do it again next year!

Aggressor update

For you liveaboard fans, Aggressor has added 2 new destinations to its offering. The *Truk Aggressor*

is being replaced by the Indonesian (North Sulawesi) *Aggressor* this fall. The all new boat *Utila Aggressor* makes its debut this fall as well.

UK Scuba Club

Matt Broughton, President of the UK Scuba Club, www.ukscubaclub.com will give us a short introduction into his newly formed student diver group during our September 13th meeting. I attended the club's inaugural meeting last week where 13 certified divers were in attendance. Let's give Matt's group our support and spread the word. You must be a UK student and sign a waiver in order to join.

Etc.

In Key Largo, Hurricane Dennis turned the *Speigel Grove* right-side up from its formerly sideways position. This intentional reef wreck inadvertently landed sideways upon its sinking. In this instance, Mother Nature fixed what man messed up!



Don't forget to join us and Louisville-based *Kentuckiana Underwater Explorers Society (KUES)* for the Sept 17 international clean up day at Lake Cumberland. This is the event's 20th anniversary and is sponsored globally by Project Aware, learn more at www.projectaware.org. This is your chance to help clean our environment while getting wet and winning prizes based on most trash collected. □

Divemaster's Report

By Doug Geddes



GALAPAGOES 2006

Not much new to add about this trip that hasn't already been said for a year. If you are interested in going on this trip, go to our website and check it out. This trip is still sold out, but we are taking names for a waiting list. We are in the process of

Divemaster's Report Cont.

getting pricing on air and any side trips that we might be looking at. I will be e-mailing the trip participants the information as soon as I get it, so we can decide what we might like to do.

ROATAN, HONDURAS 2006

Looks like this trip is about to take off. If you haven't signed up, you should start thinking about it. The price on this trip is unbelievable and will never be offered again. Less than \$700.00 for an all-inclusive resort with 3 dives and 3 meals a day, get real. This is a trip everyone should take advantage of. We have 44 spots reserved and I think they will be gone soon. Check this one out on the website and get your reservation form in. I don't want to hear any one say this is too expensive. The diving in Roatan is done on the world's second largest reef system. You can and might see just about any type of sea animal that exist. Don't wait to long to sign up; you just might be too late.



HOUSEBOAT DIVE

The houseboat dive has been changed to a pontoon boat dive. We are going to consolidate our trip with the Louisville group for a trash pick-up. The date is Sept. 17. More information can be found on our website. We will have a sign-up sheet at the meeting. Come make this a great event and support our fellow Louisville divers. (Even if they kicked our butts in football) □

Safety Corner

By Rick Stephan



Remember, safe diving is fun! Note: having a new diver in the family makes me go back to my beginning dive training. There are so many gadgets and improved techniques today that make our

lives easier, we don't even think about the basics. On dive resort vacations, we depend on the divemasters and boat crews to think about safety issues. If we get back to basics, and how we all learned to dive (in that fancy quarry, or high vis lake), we know there are some things we need to consider. Hmmm... what were they again???

Here is a list I got online from familydoctor.org. If you just review this list prior to your next dive, I think you'll cover enough of the safety issues to jog those memory cells loose and get back in the safety groove.



Remember, safe diving is fun!!!



How to Lower Diving Risks

From familydoctor.org

Most severe dive-related injuries and deaths happen in beginning divers. To be safe, always dive within the limits of your experience and level of training. Good rules to follow for safe diving include:

1. Never try a dive you're not comfortable with. During descent, you should gently equalize your ears and mask. At depth, never dive outside the parameters of the dive tables or your dive computer.
2. Never hold your breath while ascending. You should always ascend slowly while breathing normally.
3. Become familiar with the underwater area and its dangers. Learn which fish, coral and other hazards to avoid so injuries do not occur. Be aware of local tides and currents.

Safety Corner Cont.

4. Never panic under water. If you become confused or afraid during a dive, stop, try to relax and think the problem through. You can also get help from your dive buddy or dive master.
5. Never dive without a buddy.
6. Always plan your dive; then always dive your plan.
7. Always stay within the no-decompression limits.
8. Be sure that your diving equipment can handle the dive you have planned and that the equipment is working well.
9. Don't drink alcohol before diving.
10. Never dive while taking medicine unless your doctor has said it's safe.



11. Diving can be dangerous if you have certain medical problems. Ask your doctor how diving may affect your health.
12. Cave diving is dangerous and should only be attempted by divers with proper training and equipment. *(Note: this also applies to penetrating wrecks!!)*
13. If you don't feel good or if you are in pain after diving, go to the nearest emergency room immediately.
14. Don't fly for 12 hours after a no-decompression dive, even in a pressurized airplane. If your dive required decompression stops, don't fly for at least 24 hours. □



Bluegrass Dive Club 2005 Calendar

September

- | | | | |
|-----|----------|--------------------------|--|
| 13, | Tuesday | Dive Club Meeting | |
| 17, | Saturday | Cumberland Lake | |
| 27, | Tuesday | E.C. Meeting | |
| 30, | Friday | Newsletter Deadline 11pm | |

October

- | | | | |
|-----|----------|--------------------------|--|
| 11, | Tuesday | Club Dinner / Meeting | |
| 22, | Saturday | Bonne Terre, MO | |
| 25, | Tuesday | E.C. Meeting | |
| 28, | Friday | Newsletter Deadline 11pm | |

November

- | | | | |
|--|-------------|----------------------------|--|
| | 8, Tuesday | Dinner Meeting (Elections) | |
| | 29, Tuesday | E.C. Meeting | |

December

- | | | | |
|--|--------------|--------------------------|--|
| | 2, Friday | Newsletter Deadline 11pm | |
| | 18, Saturday | Club Christmas Party | |
| | 30, Friday | Newsletter Deadline 11pm | |



2005 BGDC Officer's & Staff

Mark Kidd, President	266-2276
Carol Call, Co-Vice President	253-3992
Dan Miller, Co-Vice President	948-5133
George Fleischmann, Secretary	873-9539
Kit Hudson, Treasurer	873-4974
Doug Geddes, Divemaster	224-3197
Rick Stephan, Safety Office	223-3719
Mike McCann, Webmaster	255-3937
John Geddes, Undercurrents Editor	223-7926

